

Cavaliers!

**You are NOT alone.
There is help available!**

24/7 Crisis Line (740) 773-4357	Chillicothe Police Department (740) 773-1191
Developmental Disabilities 24/7 Hotline (740) 755-7044	Suicide Prevention Hotline (800) 273-8255
National Human Trafficking Hotline (888) 373-7888	Crisis Text Line Text 4HOPE to 741-741
Nationwide Children's Youth Hotline (740) 722-1800	Sexual Assault Hotline (800) 656-4673
Integrated Service for Behavioral Health (740) 702-2210	The Counseling Source (800) 618-0688
Path Integrated (740) 851-6493	Mares Cares (740) 804-6800
Scioto Paint Valley Mental Health (740) 775-1260	NAMI Southern Ohio (740) 851-4242
Paint Valley ADAMH Board (740) 773-2283	Adena Counseling (740) 779-4888
South Central Ohio Job & Family Service- Children's Division (740) 773-2651	School Counselors are available at Chillicothe High School and Chillicothe Middle School

**If you feel that you need help or someone to talk
to, please do not hesitate to reach out.**

Need additional support?

Chillicothe City School Districts,
cavscare program is a hub for
resources to help students and
families throughout the district,
no matter what struggles you
may be experiencing.

*Please scan the QR Code for
additional resources.*

