

Cavaliers!

**You are NOT alone
There is help available!**

24/7 Crisis Line (740) 773.4357	Chillicothe Police Department (740) 773.1191
Developmental Disabilities 24/7 Hotline (740) 775.7044	Suicide Prevention Hotline (800) 273.8255
National Human Trafficking Hotline (888) 373.7888	Crisis Text Line Text 4hope to 741-741
Nationwide Children's Youth Hotline (614) 722.1800	Sexual Assault Hotline (800) 656.4673
Integrated Service for Behavioral Health (740) 702.2210	The Counseling Source (800) 618.0688
Mid Ohio Psychological Service (740) 851.4461	Mares Cares (740) 804.6800
Mahaffey Counseling (740) 773.8255	Scioto Paint Valley Mental Health Center (740) 775.1260
South Central Ohio Job & Family Service- Children's Division (740) 773.2651	Adena Counseling (740) 779.4888

**If you feel that you need help or someone to talk to, please
do not hesitate to reach out.**

**School Counselors are available at
Chillicothe High School & Chillicothe Middle School**



#CavsCare